

Rainbow 1.24

Mile	Instruction	For
0	START: 7-Eleven, 578 E. Mission Rd., San Marcos, CA. (OPEN: 00:00) Obtain proof of Start from local business with time/date stamp.	-
0	L - Mulberry Dr.	0.3
0.3	R - Borden Rd. B/c El Norte Pkwy.	1.6
1.9	L - W Country Club Ln	0.1
2	R - To continue on W Country Club Ln	1
3	L - N Nutmeg St	0.8
3.8	L - N Centre City Pkwy. B/c Champagne Blvd./Hwy. 395	6.8
10.6	R - Circle R Dr	3.2
13.8	R - W Lilac Rd	1.8
15.6	L - Lilac Rd	2
17.6	L - Couser Canyon Rd	5
22.6	L - Hwy. 76 W	0.1
22.7	R - Rice Canyon Rd	5.1
27.8	L - 8th St. (Road curves left)	0.1
27.9	R - Rainbow Valley Blvd. (Camino Rainbow).	0.3
28.2	L - 5th St	0.6
28.8	RAINBOW OAKS MARKET: 4815 5th St., Fallbrook, CA. (OPEN: +01:32 – CLOSE:+03:04) Obtain proof of passage.	0.1
28.9	L - Old Hwy. 395	2.1
31	R - Old Hwy 395. Cross over I-15.	0.2
31.2	R -E Mission Rd. toward Fallbrook	0.7
31.9	L - Live Oak Park Rd	2.6
34.5	R - Reche Rd	0.4
34.9	L – Green Canyon Rd	3.1
38	L - S Mission Rd	0.7
38.7	R -Hellers Bend	1
39.7	R - S Mission Rd.	1.4
41.1	R - Hwy. 76 W	5.6
46.7	R - N Santa Fe Ave. Enter Marked San Luis Rey Bike Path	0.9
47.6	R - Tyler St. (Exit Bike Path) B/c Andrew Jackson St.	0.2
47.8	R - Re-enter Marked San Luis Rey River Trail	2.3
50.1	BR - Under College Ave. to stay on Trail. (3 more underpasses ahead!)	5.6
55.7	R - Exit River Trail RIGHT onto N. Cleveland St.	0.1
55.8	PAPPY'S MARKET: 601 N Cleveland St, Oceanside, CA. (OPEN+03:00 – CLOSE:+06:00) Obtain proof of passage.	-
55.8	R - Surfrider St.	0.2
56	L - N Pacific St. Ride past Oceanside Pier.	2.1
58.1	L - Cassidy St	0.1
58.2	R - Broadway St.	0.5
58.7	L - Eaton St	0.1
58.8	R - Carlsbad Blvd./Coast Hwy. 101. B/c N. Torrey Pines Rd.	21
79.8	R – To continue on N. Torrey Pines Rd	0.2
80	L - UCSD Northpoint Driveway. B/c Hopkins & curves around campus.	0.6

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80.6	L - Voigt Dr. (Note street-signs or you'll get lost on UCSD campus!)	0.5
81.1	L - To continue on Voigt Dr. Cross over I-5.	0.8
81.9	R - To continue on Voigt Dr.(No sign, straight ahead is parking lot!)	0.2
82.1	L - Health Sciences Dr	0.1
82.2	R - Regents Rd	0.6
82.8	L – Mahaila Ave/Plaza De Palmas	0.1
82.9	R - Costa Verde Blvd	0.1
83	L - Enter Chevron/ McDonalds parking area..	0.1
83.1	UTC MCDONALDS: 4260 Nobel Dr., San Diego, CA. (OPEN+04:28 – CLOSE:+08:56) Obtain proof of passage from local business.	0.1
83.2	R - Nobel Dr	0.2
83.4	R - Regents Rd	1
84.4	L - Genesee Ave	0.6
85	R - I-5 N ramp. (Legal for bikes) Take I-5 northward.	0.6
85.6	BR - Take Sorrento Valley Rd Exit. (All cyclists must EXIT here.)	0.4
86	L - Roselle St	0.1
86.1	R - Sorrento Valley Blvd. Cross RR Tracks.	0.2
86.3	L - Vista Sorrento Pkwy	1.4
87.7	R - Carmel Mountain Rd	0.2
87.9	L - El Camino Real	4.6
92.5	R - San Dieguito Rd	0.4
95.9	L - El Apajo. Curves and B/c Via De Santa Fe.	1.6
97.5	R - Via De La Valle	0.6
98.1	R - Paseo Delicias. B/c Del Dios Hwy. Climb past Lake Hodges.	8.9
107	L - Citracado Pkwy.	0.5
107.5 mi	L - Road B/c Harmony Grove Village Pkwy	0.5
108.0 mi	L - Harmony Grove Rd. B/c Elfin Forest Rd.	6.6
114.6 mi	L - San Elijo Rd N. (Enter San Elijo Town)	0.2
114.8 mi	CHEVRON: 1710 San Elijo Rd., San Marcos, CA. (OPEN+00:00 - CLOSE:+00:00) Obtain proof of passage from local business. Exit Chevron westward (left) on San Elijo Rd. N.	1.4
116.2 mi	R - Rancho Santa Fe Rd	3.4
119.6 mi	R - Linda Vista Dr	0.5
120.1 mi	L - S Las Posas Rd. (Pass under Hwy. 78)	0.8
120.9 mi	R - W Mission Rd	2.4
123.3 mi	L - Mulberry Dr	0.1
123.4 mi	FINISH: 7-Eleven, 578 E. Mission Rd., San Marcos, CA. (OPEN: 00:00 - CLOSE:+00:00) .Obtain proof of Finish from local business with time and date stamp.	-

R – Right	BR – Bear Right	S – Straight
L – Left	BL – Bear Left	B/c - Becomes

NOTE:

Starting in San Marcos, this route duplicates the Annual Rainbow 200 Brevet route with the exception of several busy road changes. Front and end loaded with climbing will test your legs through the local hills. Designed for a early morning start & ride through Rainbow Canyon.

Sheet1

Ride report or informational video of this route is available on the San Diego Randonneurs website: <http://www.sandiegorandonneurs.com>

*Good Riding,
kellyjay
kelzee2@gmail.com*