

Lake Henshaw Century

<u>Mile</u>	<u>Instruction</u>	<u>For</u>
0	START: 7-Eleven, 578 E Mission Rd. San Marcos, CA. (OPEN: 00:00) Obtain proof of Start with time & date stamp from local business.	
0.1	L - E. Mission Rd. toward Escondido	6.6
6.7	L - N Citrus Ave	-
6.7	R - El Norte Pkwy	1.1
7.8	L - Valley Pkwy. B/c Valley Center Rd. (Long climb ahead!)	4.2
12	R - Woods Valley Rd	3.9
15.9	L - N Lake Wohlford Rd	1.9
17.8	R - Valley Center Rd. (Fast, bumpy downhill ahead!)	3.4
21.2	HARRAH'S 7-ELEVEN: 33740 Vly. Ctr. Rd., Valley Center, CA. (OPEN: +01:08 – CLOSE:+02:16) Obtain proof of passage from local business. Exit Control northward (Left) on Valley Center Rd. (Rough bike lane!)	1.7
22.9	R - Hwy. 76 E (5 mile climb ahead!)	17.1
40	R - Mesa Grande Rd. (Long, tough climb ahead!)	5.4
45.4	INFO CONTROL: Mesa Grande Rd.& Black Cyn. Rd. Answer Q? on card. Continue SW on Mesa Grande Rd.	6.7
52.1	R - Hwy. 79 S (signs for Santa Ysabel)	1.9
54	DON'S MARKET: 30250 Hwy. 78, Santa Ysabel, CA. (OPEN:+02:54 – CLOSE:+05:48) Obtain proof of passage from local business.	0.1
54.1	R - Hwy. 78 toward Ramona	5.8
59.9	L - Old Julian Hwy	6.1
66	R - At "T" to continue on Old Julian Hwy. B/c 3rd Street.	1.9
67.9	L - D St	0.9
68.8	R - 11th St	0.1
68.9	RAMONA 7-ELEVEN: 1076 Main St, Ramona, CA. (OPEN:+03:42 – CLOSE:+07:24) Obtain proof of passage from local business.	-
68.9	L - Hwy. 67 (Main Street)	3
71.9	R - Highland Valley Rd	2.3
74.2	L - Highland Valley Rd. turns LEFT here. (Straight is Rangeland Rd.	1.1
75.3	R - To continue on Highland Valley Rd (@Archie Moore Rd.)	10
85.3	R - Pomerado Rd. Cross over I-15. Follow Bikeway on the right.	0.5
85.8	R - Lake Hodges Bicycle Pedestrian Bridge	0.5
86	R - After crossing Bridge, turn RIGHT and follow Marked Trail under I-15.	0.9
86.9	L - Sunset Dr. (Trail ends into Sunset Dr.)	0.2
87.1	CHEVRON: 215 E Via Rancho Pkwy Escondido, CA. . (OPEN:+04:40 – CLOSE:+09:20) Obtain proof of passage from local business.	-
87.1	R - Via Rancho Pkwy.	0.4
87.5	L - Beethoven Dr	0.5
88	R - Near top of hill, turn RIGHT and enter Marked Bike Path. Cross bridge.	0.2
88.2	R - Pass through fence opening onto El Ku Ave. El Ku curves and B/c Escondido Blvd.	1.1
89.3	L - W Citracado Pkwy. Pass under I-15. Road B/c Gamble Lane	1.8
91.1	S - Pass through limited access vehicle fence.	0.1
91.2	R - Scenic Trail Way	0.1
91.3	L - Citracado Parkway. Cross Valley Pkwy.	1

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92.3	L – Harmony Grove Village Pkwy.	0.6
92.9	R – Country Club Drive	0.6
94.5	L - Progress Pl. Enter Business Park.	0.1
94.6	R - Corporate Dr	0.3
94.9	L - Meyers Ave	0.2
95.1	L - Barham Dr	0.9
96	R - Woodland Pkwy. Pass under Hwy. 78.	0.3
96.3	L – E.Mission Rd.	0.7
97	FINISH: 7-Eleven, 578 E Mission Rd. San Marcos, CA. (OPEN:+05:12 - CLOSE:+10:24) Obtain proof of Finish with time & date stamp from local business.	-

R – Right	BR – Bear Right	S – Straight
L – Left	BL – Bear Left	B/c - Becomes

NOTE:

Route starts in San Marcos and does a basic loop out east through Pauma Valley, skirting Palomar Mtn on the way to Lake Henshaw. Route back takes you through Santa Ysabel, Ramona and Highland Valley. You'll pass through rural areas with a few tough climbs mixed in.

Ride report or informational video of this route is available on the San Diego Randonneurs website: <http://www.sandiegorandonneurs.com>

*Good Riding,
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