

Laguna 400

<u>Mile</u>	<u>Instruction</u>	<u>For</u>
0	START: Oceanside Pier, Pier View Way & N. Pacific St., Oceanside, CA. (OPEN: 00:00) Obtain proof of Start from local business with time/date stamp*	-
0	L - N. Pacific St. (Northward)	0.6
0.6	R - Enter marked Bike Path (<i>Just before bridge</i>)	0.1
0.7	L - At "Y" to enter SLR River Trail eastward.	2.2
2.9	BL - Under Benet St. to continue on Trail. (<i>3 more underpasses ahead</i>)	5.4
8.3	L - Andrew Jackson St. Curves and B/c Tyler St.	0.2
8.5	L - Re-enter River Trail (<i>Look for sign!</i>)	0.9
9.4	L - Hwy. 76. (<i>End of River Trail. Use light button to turn!</i>)	5.7
15.1	L - S. Mission Rd. toward Fallbrook.	2.9
18	R - Green Canyon Rd.	3.1
21.1	R - Reche Rd.	0.4
21.5	L - Live Oak Park Rd. (<i>Sharp left-turn at bottom of hill!</i>)	2.6
24.1	R - E. Mission Road. (<i>Fast downhill</i>)	0.7
24.8	L - Old Hwy. 395. Cross I-15.	0.2
25	L - To continue on Historic Hwy. 395. Road B/c Rainbow Cyn. Rd.	7
32	L - Pechanga Pkwy. (<i>Traffic area</i>)	0.1
32.1	TEMECULA: Circle K, 30535 Temecula Pkwy./Hwy. 79 Temecula, CA. (OPEN: +01:44 - +03:28) Obtain proof of passage from local business.	0.1
32.2	R- Hwy. 79/Temecula Pkwy.	0.3
32.5	L - Jededah Smith Rd.	0.2
32.7	R - De Portola Rd.	3.3
36	S – Vehicle barrier. Ride left through opening. Continue on De Portola Rd. (<i>Dirt</i>)	1.2
37.2	S - DePortola Rd. (<i>Dirt ends @ Anza Rd.</i>)	6.1
43.3	L - Glen Oaks Rd.	1.3
44	R - Mesa Rd. B/c E. Benton Rd.	6
50	R - Sage Road.	-
50	INFO CONTROL: Just after turn. Answer Q? on Card. Continue Southward on Sage Road. (<i>Fast downhills ahead!</i>)	10
60	L - Hwy. 79 (<i>Weekend RV traffic for next 3 miles</i>)	14.5
74.5	(<i>Sunshine Summit Store on the right</i>)	24.2
98.7	SANTA YSABEL: Don's Market, 30250 Hwy. 78, Santa Ysabel, CA. (OPEN: +05:18 – CLOSE:+10:36) Obtain proof of passage from local business.	0.1
98.8	L - Hwy. 78/79 toward Julian.	6.7
105.5	R - To continue on Hwy. 78/79 through Julian town.	0.3
105.8	R - Hwy. 79 (<i>Road straight ahead (Hwy.78) goes down to the desert!</i>)	5.8
111.6	L - Sunrise Hwy/S-1 toward Mt. Laguna	14.2
125.8	MT. LAGUNA: Laguna Store, 10678 Sunrise Hwy., Mt. Laguna, CA . (OPEN: +06:44 – CLOSE:+13:28) Obtain proof of passage from local business. Continue southbound on Sunrise Highway.	2.8
128.6	L - Kitchen Creek Rd. (<i>Easy to miss small road sign on right side of road. Enter through cattle guard. Fast downhill ahead on lightly maintained road. Pass around 2 yellow vehicle gates ahead.</i>)	7.1
135.7	(<i>Cibbets Flat Campground up road on the left. Cool water here!</i>)	4.3
140	(<i>Forest Service trailer on the left. Outside water.</i>)	0.4

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140.4	L - Old Hwy. 80	2.8
143.2	R - La Posta Rd	5.9
149.1	R - Campo Rd./Hwy. 94 (Caution: Angled RR tracks just before turn!)	3.4
152.5	CAMPO: Circle K, 31471 Hwy. 94, Campo, CA. (OPEN:+08:12 – CLOSE: +16:24) Obtain proof of passage from local business. Continue west on 94.	10.4
162.9	<i>(Potrero Store on the left. Long, very fast downhill ahead to Barrett Jct.)</i>	16.2
179.1	<i>(Pass through Border Patrol Checkpoint.)</i>	0.4
179.5	L - Otay Lakes Rd.	2.4
181.9	<i>(Pio Pico Store. 24/7 vending machines & outside water by front door)</i>	9.8
191.7	R - To continue on Otay Lakes Road.	3.1
194.8	L - Bonita Rd.	1.8
196.6	R - Plaza Bonita Rd.	0.9
197.5	L - Enter marked Sweetwater Bike Path. <i>(Across from Westfield Plaza Mall)</i>	0.9
198.4	R - Exit Bike Path onto N. 2nd Ave. <i>(First Bike Path exit)</i>	0.2
198.6	SWEETWATER: Carl's Jr. 1502 Sweetwater Rd., National City, CA. (OPEN: +10:40 – CLOSE:+21:20) Obtain proof of passage from local business.	-
198.6	L - E. 30th Street	1
199.6	R - National City Blvd.	1.8
201.4	BL - Main Street. <i>(Main St. angles off of NC Blvd.)</i> Pass under I-5	2.6
204	L - Cesar Chavez Pkwy.	-
204	R - E. Harbor Dr	1.7
205.7	R - Pacific Hwy. <i>(Downtown San Diego)</i>	1.8
207.5	BR - Frontage Road/Washington St. exit.	1
208.5	L - Mini LEFT on Coutts St.	-
208.5	R - Pacific Hwy. Pass under I-5 ahead.	2
210.5	S - Cross Sea World Dr. Road B/c Mission Bay Rd. Follow around Bay.	2.4
212.9	R - At stop-sign to continue on Mission Bay Dr.	-
212.9	L - Immediate LEFT at stop-light to continue on Mission Bay Dr. <i>(Merging traffic from your right ahead!)</i>	0.8
213.7	BR - Damon Ave. <i>(At McDonalds)</i>	0.2
213.9	L – Santa Fe St. Continue straight onto marked Rose Canyon Bike Path.	3.1
217	L - Exit Bike Path LEFT onto Gilman Dr. Pass under I-5. <i>(Watch exiting traffic from your left here at stop-light!)</i>	1.7
218.7	L - On-ramp to LaJolla Village Dr. <i>(UCSD Campus)</i> B/c N. Torrey Pines Rd.	1.9
220.6	L - N. Torrey Pines Rd. Follow northward along the coast. B/c Camino Del Mar and finally Coast Hwy. 101.	21
241.6	L - Eaton St. <i>(After big "Oceanside" sign.)</i>	0.1
241.7	R - Broadway St.	0.4
242.1	L - Cassidy St.	0.1
242.2	R - S. Pacific St.	1.8
244	FINISH: Oceanside Pier, Pier View Way & N. Pacific St., Oceanside, CA.. (OPEN:+13:06 – CLOSE:+1d:02:12) Obtain proof of Finish from local business with time and date stamp.	-

R – Right	BR – Bear Right	S – Straight
L – Left	BL – Bear Left	B/C - Becomes

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NOTE:

Starting at Oceanside Pier, this route climbs up to Temecula's wine country before looping far out to Julian and Mt. Laguna. Ample time for "cruising" as you follow the rural countryside to downtown San Diego and along the coast back to the finish. You'll travel from sea-level to near the high point in SD County. Free covered parking at the nearby Oceanside Transit Center. *Circle K @ 501 N. Coast Hwy is open 24/7 for early starters.

Good Riding,
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