

161k Easy Breezy Century 3612ft elev [SL= signal light, SS= stopsign], (N,W,E,S): Cardinal directions, > continues/becomes					
<u>Control Open and Close is elapsed time from start. Park in or around Balboa Park to the east. Do not leave valuables in car.</u>					
Leg	Dir	Type	Notes	Total	Climb
0.0		<b>START Control # 1/Finish</b>	<b>Start Starbucks. 2440 5th Ave. San Diego, CA. Start Control #1. Open 0:00, Close 1:00. Get receipt. Do not leave bike unattended, bring inside store at all controls if necessary. To exit control turn left on 5th (N).</b>	<b>0.0</b>	
0.7	←	Left	Turn left (W) onto Walnut Ave [one block after SL on Upas st]	0.7	
0.1	→	Right	Turn right (N) onto 3rd Ave	0.9	
0.5	←	Left	Turn left (W) [SL] onto University Ave	1.3	
0.5	→	Right	Turn right (N) [SL] onto Goldfinch St	1.8	
0.2	←	Left	Turn left (W) onto W Lewis St	2.0	
0.5	→	Right	Turn right (NW) onto Fort Stockton Dr	2.6	
0.5	←	Left	Turn left (SW) onto Trias St	3.0	
0.1	→	Right	Turn right onto (NW) Presidio Dr	3.2	
	↑	Straight	<b>Caution on downhill! Uneven pavement</b>		
0.8	→	Right	Turn right (NW) to stay on Presidio Dr	4.0	
0.1	←	Left	Turn left (SW) at SS onto Taylor St	4.0	
	↑	Straight	<b>Cross train tracks</b>		
0.4	→	Right	Turn right (N) onto Pacific Hwy	4.4	
0.3	→	Right	Turn right on Ocean Beach Bike Path, just after passing under Interstate 8	4.7	
0.0	←	Left	Turn left (W) to stay on Ocean Beach Bike Path go under bridge (Pacific Highway)	4.8	
1.9	→	Right	Slight right to stay on Ocean Beach Bike Path, go under Sunset Cliffs Blvd bridge.	6.7	
0.1	←	Left	Sharp left (E) U turn to stay on Ocean Beach Bike Path, Skate park on right, river on left.	6.7	
0.0	←	Left	Turn left (N) on bridge Sunset Cliffs Blvd.	6.8	
0.2	↑	straight	Keep (NW) straight; ignore the two turnoffs on either side.	7.0	
0.0	→	Right	Turn right onto Quivira Way (paved 2 lane road) after downhill at curb ramp. Lawn on both sides of road.	7.0	
0.6	→	Right	Turn right (NE) [SS] onto Quivira Access	7.6	
0.0	←	Left	Turn left (W) [SL] onto W Mission Bay Dr	7.6	
0.8	→	Right	Turn right onto Bayside Walk (paved path) before Subway Restaurant. <i>Optional go straight and take Mission Blvd or Ocean front walkpath and head N (more crowds) adds about 0.1mi</i>	8.4	
0.0	→	Right	Keep right to stay on Bayside Walk bay on right	8.5	
0.8	←	Left	Turn left (W) onto [SS] Santa Clara Pl	9.2	
0.1	→	Right	Turn right (N) onto Mission Blvd	9.3	
1.6	←	Left	Turn left (W) [SL] onto Loring St	10.9	
0.0	→	Right	Loring St turns slightly right and becomes La Jolla Blvd	10.9	
0.7	↑	Straight	At the traffic circle, continue straight to stay on La Jolla Blvd. <i>Optional turn right at Colima then left at la Jolla Hermosa and paralell La Jolla Blvd and follow bike path (dirt begins at Camino de la Costa and ends at Via Del Norte approx. 3 blocks ) to Nautilus (fire station will be on right at end of bike path), then turn left (downhill) and right on La Jolla Blvd then right at Westbourne to control. Instead of dirt you can turn left on Camino de al Costa then right on La Jolla Hermosa, go under Church trellis, then right on Via Del Norte. Adds 0.8mi</i>	11.6	
0.1	↑	Straight	At the traffic circle, continue straight to stay on La Jolla Blvd	11.7	
0.1	↑	Straight	At the traffic circle, continue straight to stay on La Jolla Blvd	11.8	
0.1	↑	Straight	At the traffic circle, continue straight to stay on La Jolla Blvd	12.0	
0.2	↑	Straight	At the traffic circle, continue straight to stay on La Jolla Blvd	12.1	
1.2	→	Right	Turn right onto Westbourne St	13.3	
		<b>Right Control # 2</b>	<b>7-Eleven. 6953 La Jolla Blvd. Control #2. Open 0:42, Close 1:24. Get receipt.</b>	<b>13.3</b>	
0.0	→	Right	Turn right (N) onto La Jolla Blvd	13.3	

0.4	→	Right	Turn right (E) [SL] onto Pearl St. Option go straight to Coast Blvd and visit La Jolla Cove, take Prospect to Torrey Pines Rd to head North	13.8	
0.4	←	Left	Turn left (NW) [SL] onto Girard Ave	14.1	
0.1	→	Right	Turn right (NE) [SL] onto Torrey Pines Rd	14.2	
1.3	←	Left	Turn left (N) [SL] onto La Jolla Shores Dr (busy intersection, gas station on NE corner)	15.5	Cat 4 15.99, 3.92mi 1.9%
2.3	←	Left	Turn left (N) [SL] onto N Torrey Pines Rd	17.8	
1.2	←	Left	Turn left (NW) [SL] to stay on N Torrey Pines Rd > Camino Del Mar > Hwy 101 > S21 > Carlsbad Blvd	19.0	Cat 5 22.08 1.31mi 2.9%
15.1	←	Left	Bear left to stay on Camino Del Mar ( <i>Do not bear right onto Jimmy Durante</i> )	24.4	
20.5	↑	Straight	At the traffic circle, continue straight (NW) onto Carlsbad Blvd	39.5	
0.4	←	Left	Turn left onto Eaton St (Angelo's Burgers on NW corner)	39.9	
0.1	→	Right	Turn right onto Broadway St	40.0	
0.4	←	Left	Turn left [SS] onto Cassidy St <i>cross traffic does not stop!</i>	40.4	
	↑	Straight	<b>Cross train tracks</b>		
0.1	→	Right	Turn right [SS] onto S Pacific St	40.5	
1.1	↑	Straight	Stay on S Pacific St. <i>Option Turn Left downhill (W) onto Wisconsin Ave. then right (N) on the strand until Breakwater, turn right then left on N Pacific St and enter bike path to the right (E) before bridge</i>	41.6	
1.0	→	Right	Turn right (E) onto Surfrider Way	42.6	
0.1	←	Left	Turn left (NW) onto N Cleveland St	42.7	
0.4	←	Left	Turn left (W) onto San Luis Rey River Trail (Neptune Way is on right)	42.9	
2.5	←	Left	Keep left to stay on San Luis Rey River Trail. Go under Benet Rd.	45.3	
4.8	→	Right	Stay on 2nd right before the park to stay on San Luis Rey River Trail and exit on College. <i>Option go into park and go north to intersect with College</i>	50.1	
0.1	→	Right	Turn right (SE) onto College Blvd	50.2	
1.0	→	Right	Turn right (NW) onto Town Center Dr (Silver Bluff Dr) 2nd driveway after crossing SR-76.	51.1	
0.1	←	<b>Left Control # 3</b>	<b>Turn left for Control #3 Starbucks. 815 College Blvd Oceanside CA, suite 108. Near Vons. Open 2:46, Close 5:32. Get receipt. Turn around point, go back the way you came.</b>	<b>51.3</b>	
0.1	→	Right	Turn right (SE) onto Town Center Dr (Silver Bluff Dr).	51.4	
0.1	←	Left	Turn left (NE) onto College Blvd	51.6	
1.0	→	Right	Turn right (NW) onto San Luis Rey River Trail, go under College Blvd and go (W). <i>Option go into Park [SL]</i>	52.6	
1.8	→	Right	Keep right to stay on San Luis Rey River Trail go under Douglas Dr.	54.4	
3.0	→	Right	Slight right to stay on San Luis Rey River Trail Go under Benet Rd	57.3	
2.3	←	Left	Slight left to stay on San Luis Rey River Trail towards Cleveland. <i>Option go straight towards steel bridge, up steep short ramp &amp; intersect with N Pacific St. Turn left then right at Breakwater and left on the strand</i>	59.6	
0.3	→	Right	Exit bike path onto Neptune and then quick right (SE) onto N Cleveland St	59.9	
0.1	→	Right	Turn right (SW) onto Surfrider Way	60.0	
0.2	←	Left	Turn left onto The Strand. <i>Option take N Pacific St.</i>	60.2	
0.9	←	Left	Turn left (NE) onto Wisconsin Ave [uphill]	61.1	
0.0	→	Right	Turn right (SE) onto S Pacific St	61.2	
1.1	←	Left	Turn left (NE) onto Cassidy St	62.3	
	↑	Straight	<b>Cross train tracks</b>		
0.4	→	Right	Turn right (SE) onto Broadway St	62.7	
0.1	←	Left	Turn left (NE) onto Eaton St	62.8	
0.1	→	Right	Turn right (SE) onto Carlsbad Blvd	62.9	
0.4	↑	Straight	At the traffic circle, continue straight to stay on Carlsbad Blvd	63.3	
3.2	↑	Straight	Take the Carlsbad Blvd S ramp > Hwy S21 > Coast Hwy 101. Ocean on right.	66.5	
5.9	→	Right	Turn right (W) onto W D St (7-Eleven)	72.4	
0.0	←	Left	Turn left (S) onto 2nd St	72.4	
0.7	←	Left	Turn left (E) W K st [SS]	73.1	
0.0	→	Right	Turn Right (S) onto County Hwy S21 > Hwy 101 > S Coast Hwy 101 > Camino Del Mar > N Torrey Pines Rd	73.1	Cat 5 77.88, 1.62mi 2.2%
7.9	→	Right	Right (SW) turn off highway into Torrey Pines Park.	81.0	

0.1	←	Left	<i>Go past parking lot booth. "Inside Torrey climb" go through parking lot on west side of road and climb to the paved path. Steeper at beginning but flatter towards the end. Adds 0.3mi. Optional outside subtracts 0.3mi</i>	81.1	Cat 4 80.74 2.74mi 2.9%
3.2	→	Right	Turn right (SW) to stay on N Torrey Pines Rd	84.2	
1.2	←	Left	Turn left (E) [SL] onto La Jolla Shores Dr	85.4	
0.0	→	Right	Turn right (S) onto Scholars Dr S	85.4	
0.6	→	Right	Turn right (S) onto Gilman Dr	86.0	
1.8	→	Right	Slight right curb ramp after going under I-5 [SL] onto Rose Canyon Bicycle Path	87.8	
1.1	↑	Straight	Continue (S) onto Santa Fe St	88.9	
2.0	→	Right	Turn right (W) onto Damon Ave	90.9	
0.2	→	Right	Turn right (N) onto Rose Creek Trail. Use crosswalk ramp next to SL and walk the bike down the steps before bridge	91.1	
0.2	→	Right	Keep right to stay on Rose Creek Trail to go under Grand Ave.	91.3	
0.3	→	Right	Slight right to stay on Rose Creek Trail at basket ball court to head S	91.6	
0.3	←	Left	Turn left (E) onto N Mission Bay Dr	91.9	
2.8	↑	Straight	Continue onto Fiesta Island Rd/Pacific Hwy	94.7	Cat 4 93.74, 5.54mi 1.0%
1.0	←	Left	Turn left (E) onto Taylor St	95.7	
	↑	Straight	<b>Cross train tracks</b>		
0.4	→	Right	Turn right (SE) onto Presidio Dr	96.1	
0.1	←	Left	Turn left (NE) to stay on Presidio Dr	96.2	
0.4	←	Left	Slight left (NE) to stay on Presidio Dr	96.6	
0.4	←	Left	Turn left (NE) onto Trias St	97.0	
0.1	→	Right	Turn right (SE) onto Fort Stockton Dr	97.1	
0.5	←	Left	Turn left (NE) onto W Lewis St	97.6	
0.5	→	Right	Turn right (S) onto Hawk St	98.1	
0.1	←	Left	Turn left (E) onto Fort Stockton Dr	98.1	
0.1	→	Right	Turn right (S) onto Goldfinch St	98.2	
0.1	←	Left	Turn left (E) onto W University Ave	98.3	
0.5	→	Right	Turn right (S) onto 3rd Ave	98.8	
0.5	←	Left	Turn left (E) onto Walnut Ave	99.3	
0.1	→	Right	Turn right (S) onto 4th Ave	99.4	
0.8	←	Left	Turn left (E) onto Kalmia St	100.2	
0.2	←	Left	Turn left (N) onto 5th Ave	100.2	
0.0	←	<b>Left Control #4 Finish</b>	<b>Finish Starbucks. 2440 5th Ave. San Diego, CA. Start Control #1. Open 5:22, Close 10:44. Get receipt.</b>	100.2	